

*For washing hands
spray from top*

How?

2



Thumbs and fingers



Fingertips and nails

How?

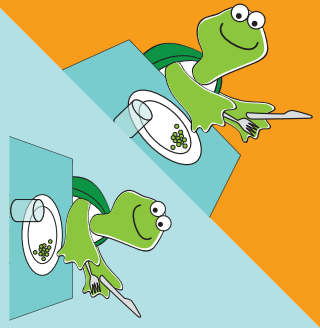
1



*I know how to wash my hands:
when and how*

When?

3



Before and after eating



After coughing, sneezing and blowing my nose

When?

4

With my hands I can catch everything

How?

5



Palm and outside back of the hands and wrists.



I use soap and dry my hands

How?

6

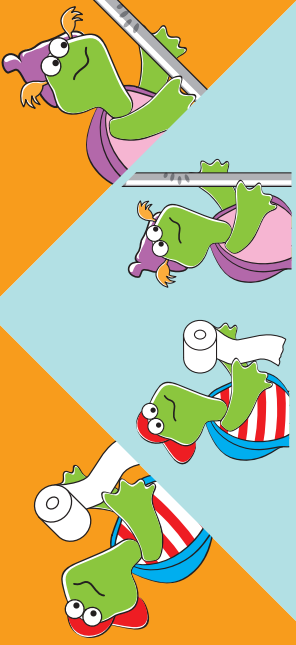


After being in public transport (bus, metro, tramway ...)

After going to the bathroom

When?

8



When?

7

When do I have to wash my hands?

With my hands I can catch everything, even diseases!

To have fewer germs on my hands, I wash them often and especially, every time it is possible



1. Before and after eating



2. After coughing, sneezing and blowing my nose



3. After going to the bathroom



4. After being in public transport (bus, metro, tramway ...)



And also

1. After being with someone who is sick



2. After playing with friends

Running hands under water and wiping them is not enough. To wash my hands thoroughly, I rub



1. Palm and outside back of hands and wrists



2. Thumbs and fingers



3. Fingertips and nails



4. I use soap and dry my hands



And also

1. To properly dry my hands, I use a disposable paper towel, a clean towel or I dry it in the open air...



Useful links:

http://social-sante.gouv.fr/IMG/pdf/Affichette_lavage_mains.pdf

<http://www.santepubliquefrance.fr>

<http://www.e-bug.eu/homepage.html?level=junior>



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